

INDICATIONS

The Moses™ appliance is intended for use on adult patients as an aid for the reduction and/or alleviation of snoring and obstructive sleep apnea. Advancement of the mandible and tongue prevents collapse of the patient's tongue on the soft palate and/or oropharyngeal airway.

CONTRAINDICATIONS

This device is contraindicated for patients with loose teeth, loose dental work, numerous missing teeth, dentures or other oral conditions that would be adversely affected by wearing an intraoral dental device which maintains the jaws in a protrusive jaw position. The Moses™ appliance is also contraindicated for patients who have central apnea, severe respiratory disorders, or are under eighteen years of age. Additional contraindications are active orthodontic treatment and/or active TMJ disorder; pain and clicking noise, limited opening or protrusions.

WARNINGS

- This device is intended to reduce or alleviate night-time snoring and obstructive sleep apnea (OSA). If symptoms of breathing difficulty or other respiratory disorders exist or persist with or without use of The Moses™ appliance you should contact your dentist immediately.
- You may experience soreness or discomfort in your jaw or teeth. If the discomfort persists, you should contact your dentist.
- In the morning you may sense a change in your bite. This sensation should disappear within one hour. If it continues for more than two hours, you should chew a piece of sugarless gum for 5-10 minutes or until you're your back teeth are meeting. If you cannot get back to your old bite and experience pain or discomfort trying, contact your dentist.
- Under normal circumstances you should not experience obstruction of oral breathing with The Moses™ appliance in your mouth. If you do experience breathing difficulty with The Moses™ appliance in place, consult with your sleep physician.
- You should return to the dentist who fit you for The Moses™ appliance every six months for a re-evaluation. If the appliance becomes loose, damaged or does not fit properly at any time, contact your dentist for an appointment

POSSIBLE SIDE EFFECTS

- There are possible side effects associated with use of The Moses™ appliance. These side effects are not common. If you experience any of the following side effects you should contact your dentist who prescribed your The Moses™ appliance.
- Slight tooth or gingival discomfort due to pressure from the appliance.
- Excessive salivation initially. This will improve as you become accustomed to wearing The Moses™ appliance.
- Slight jaw soreness or tightness initially that will ease with wearing the appliance
- Morning sensation of bite change. This will subside between 30 minutes and 2 hours after the Moses™ Appliance is removed. If this perceived bite change persists longer, chewing a piece of sugarless gum will usually correct this problem. If it does not, contact the dentist who prescribed and fitted The Moses™ appliance.
- Removing The Moses™ appliance while you are asleep. This usually stops after an adjustment period.
- Movement of teeth. Both the upper and lower are retainers. This would be an unusual response. Should it occur, contact the prescribing dentist.
- Permanent bite change. This should not occur with a timely call to the prescribing dentist when you first notice this symptom.
- Allergic or toxic reaction to the materials in the appliance. If this occurs, discontinue use and call your prescribing dentist immediately.